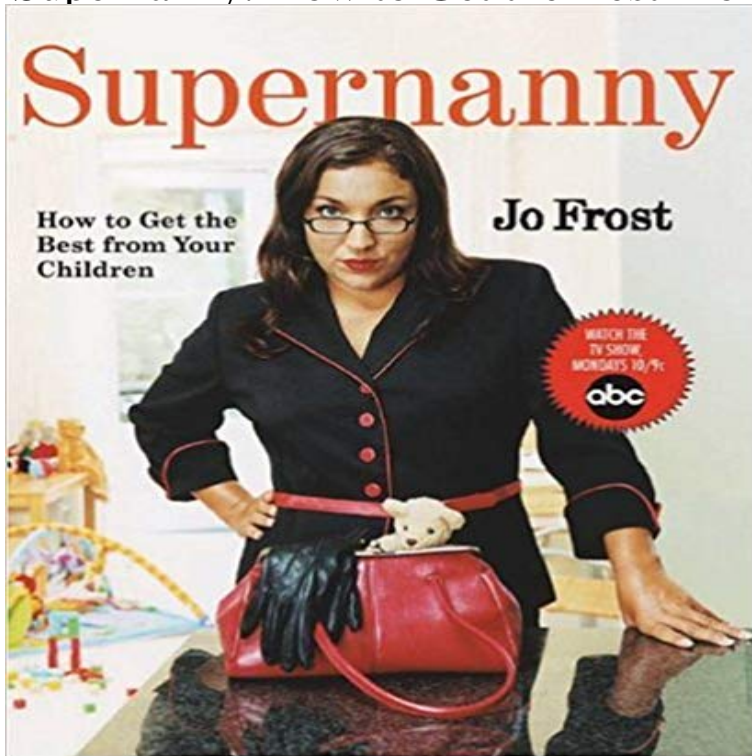


Supernanny: How to Get the Best From Your Children



Jo Frost, a.k.a Supernanny, is the answer to every stressed parents dreams. In ABCs primetime series, Jo works miracles on problem children by dispensing no-nonsense rules and reassuring us that parents do know best. The Supernanny method gives parents the know-how to tackle any problem area, be it mealtime, bathtime, bedtime, bedwetting, homework, sibling rivalry, aggressive behavior, or a child who just wont do what he or she is told. In an era where parents are bombarded with conflicting or guilt-laden messages at every turn, and sometimes obey their kids commands rather than the other way around, this is an upbeat, back-to-basics approach to restoring harmony and authority in the home. Chapters include: Ages and Stages Routines and Rules Setting Boundaries Dressing Toilet Training Eating Social Skills Bedtime Quality Time

Successfully Getting The Kids To Sleep Supernanny - YouTube - 8 min - Uploaded by 100huntleyAmericas
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