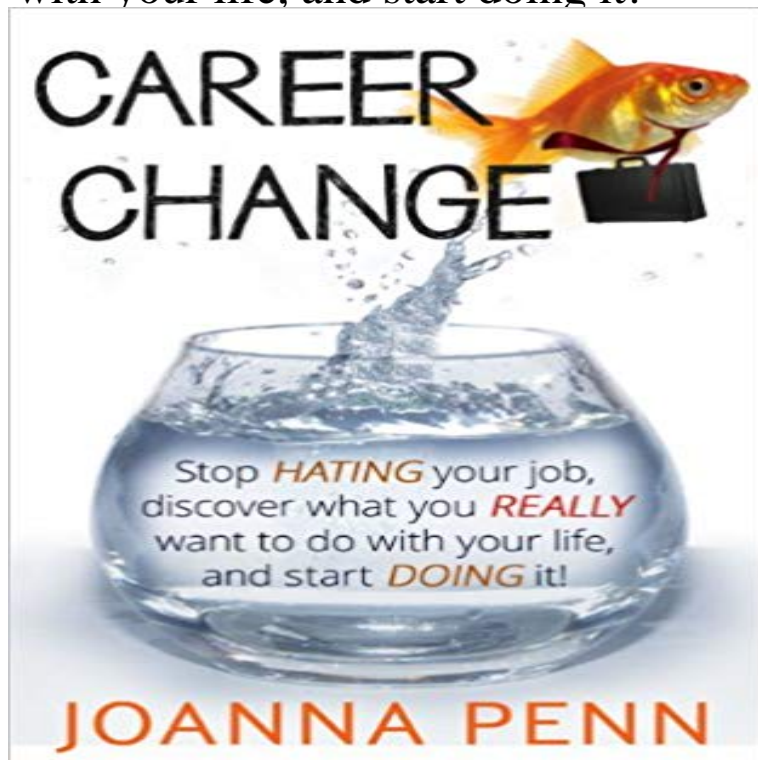


Career Change: Stop hating your job, discover what you really want to do with your life, and start doing it!



Are you tired of asking What should I do with my life? Are you sick of your job? Don't worry, I know how you feel! I used to start every working week saying I hate my job and spend every Friday night drinking too much to drown my misery. I was a cubicle worker in large corporates, going to pointless meetings, writing endless documents no one would read, testing computer systems that would soon be obsolete. Every day, my soul and my creativity died a little. Maybe you feel the same? Well, life is too short to just exist on the edge of breakdown, and there is a better way of living. You need to discover what you love to do and then make that your job, your life's work. This book will take you through understanding the way you feel now as well as how to improve your current situation immediately so you can create enough space to work on breaking out and doing what you truly love. It also contains the career change process I used to go from management consultant to full-time author-entrepreneur. It's time to change your career and your life. ??? In this book, you will find: ** Part 1: I hate my job 1) Identifying the problem 2) The results of an unhappy workplace- stress, depression and weight gain ** Part 2: How to improve your current situation 3) Develop yourself 4) Coping with stress at work 5) Being valued and appreciated 6) Escaping the trap 7) Making money and keeping hold of it 8) Being creative 9) Escape is sometimes necessary ** Part 3: How to change your career 10) What do you really want to do? 11) Entrepreneurship or working for yourself 12) The Career Change Process 13) Setting and achieving your goals 14) Your Challenge Your Future Bonus Articles: * Case Study Micro-Entrepreneur: How I run my business, The Creative Penn Limited * Interview with Joanna Penn on how to change careers * From affirmation to reality: the author's story * The Smart

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